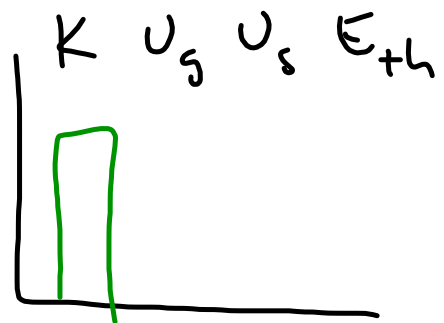
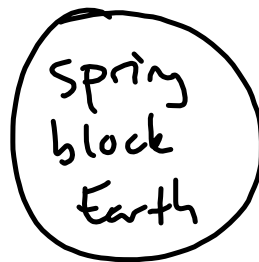
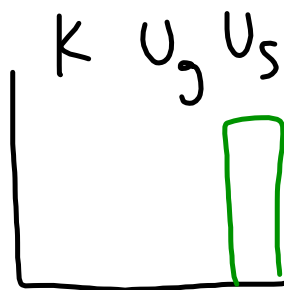
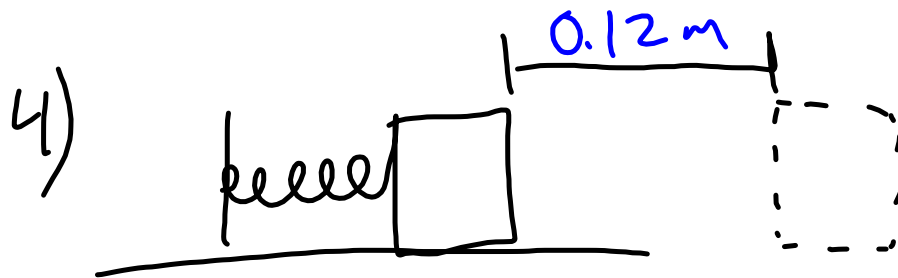


# Practice - Energy and Work

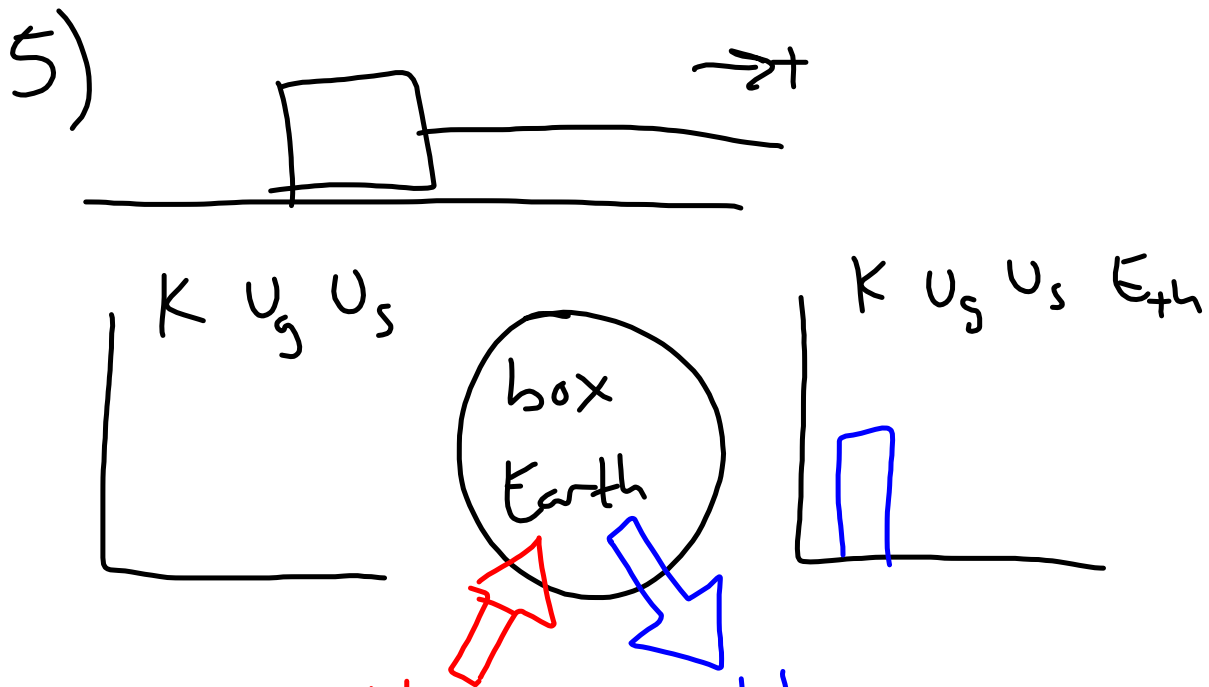


$$U_{s,i} = K_f$$

$$\cancel{\frac{1}{2}} k (\Delta x)^2 = \cancel{\frac{1}{2}} m v_f^2$$

$$v_f = \sqrt{\frac{k}{m} (\Delta x)^2}$$

$$= 3.1 \text{ m/s}$$



$$W_{fr} = F_f \Delta x \cos \theta$$

$$= \mu m a_g \Delta x \cos \theta$$

$$= (0.2)(10 \text{ kg})(9.8 \text{ m/s}^2) \cos(180^\circ) \quad W_p = W_{fr} + K_f$$

$$= \underset{(3 \text{ m})}{-59 \text{ J}}$$

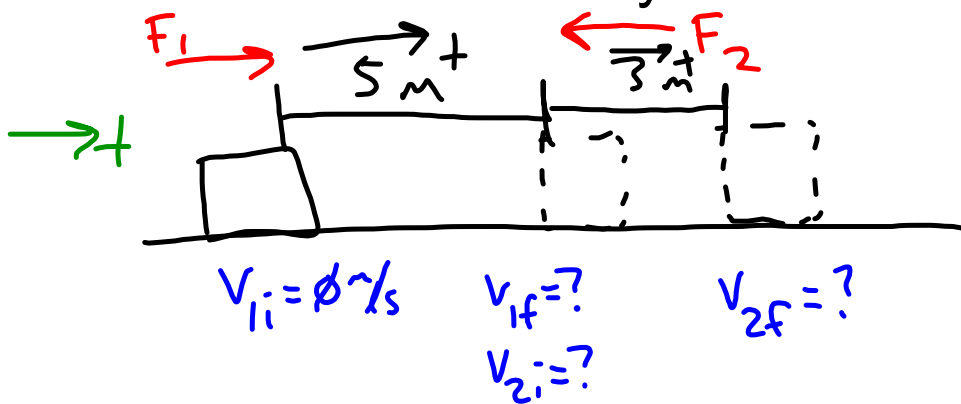
$$F_p \Delta x = F_f \Delta x + \frac{1}{2} m v_f^2$$

$$F_p \Delta x - F_f \Delta x = \frac{1}{2} m v_f^2$$

$$v_f = \sqrt{\frac{2}{m} (F_p \Delta x - F_f \Delta x)}$$

$$= 2.5 \text{ m/s}$$

A 1 kg block at rest on a frictionless surface is pushed with a force of 20 N for a displacement of +5 m. The block is then pushed in the opposite direction with a force of 10 N for 3 m. What is the final velocity of the block?



$$W_1 - W_2 = K_f$$

$$F_1 \Delta x_1 - F_2 \Delta x_2 = \frac{1}{2} m v_f^2$$

$$v_f = \sqrt{\frac{2}{m} (F_1 \Delta x_1 - F_2 \Delta x_2)}$$

$$= 11.83\text{ m/s}$$

